

# Differences and similarities in day-to-day culture

## Cultural habits by sex

Observatori IQ

[Nadia Sanmartin](#)

Cultural habits, how people inform themselves and leisure activities vary between genders. With regard to reading, women read more books and magazines, while men more frequently read newspapers. Listening to the radio and playing video games are more male activities, as are listening to music and using the Internet, although both sexes frequently engage in these activities. Going to concerts, the cinema and the theatre are less common activities for both sexes to more or less the same extent. However one activity unarguably stands out above all others, with no significant difference between the sexes: watching television.

### **Gender in figures**

---

Do social inequalities affect health?

Observatori IQ

Men's and women's education?

Observatori IQ

Diversity of origin and migration projects

Observatori IQ

Who called it work-life balance?

Observatori IQ

How millennials share domestic chores

[Observatori IQ](#)

Economic independence at risk?

[Observatori IQ](#)

Gender in ten key economic sectors

[Observatori IQ](#)

To get married: a personal, political or economic decision?

[Observatori IQ](#)

Putting off motherhood for a decade

[Observatori IQ](#)

Balanced representation on local councils?

[Observatori IQ](#)

The barriers to economic power are still in place

[Observatori IQ](#)

Living in fear of your partner

[Observatori IQ](#)

Where did it happen?

[Observatori IQ](#)

Differences and similarities in day-to-day culture

[Observatori IQ](#)

Creative women: presence in cultural life

[Observatori IQ](#)

Men and women in the film industry

[Observatori IQ](#)



### **Observatori iQ**

iQ is a cooperative that seeks to contribute to social innovation in favor of gender equality. The cooperative offers the [iQ Observatory](#), a platform that delivers statistical data on the differences and inequalities between men and women in different areas of everyday life in Catalonia. iQ team is made up of professionals with several profiles and is led by the political scientist Maria de la Fuente.